



Nappy changing

Policy Statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

-) Our key persons have a list of children's initials and changing times for their children in their care who are in nappies or 'pull ups'; and change nappies according to this schedule, or more frequently where necessary.
-) We encourage young children from two years to normally wear pull ups, or other types of trainer pants, as soon as they are comfortable with this and if their parents agree.
-) Our key persons where possible undertake changing the children in their key groups; back up key persons change them if the key person is absent.
-) Each child brings in their own supply of nappies or pull ups, and changing wipes which are kept in their own bags. We encourage the child to find their own nappy/pull-up bag or change of clothes to build independence and self esteem (unless of course he/she is distressed about the situation).
-) Our staff put on gloves and aprons before changing starts and the area is prepared. Gloves are not always required for a wet nappy where there is no risk of infection, however, gloves are always available for those staff who choose to wear them. Gloves are always worn for a 'soiled' nappy.
-) All our staff are familiar with our hygiene procedures and carry these out when changing nappies.
-) Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
-) We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
-) We do not make inappropriate comments about children's genitals when changing their nappies.
-) In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
-) We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
-) We encourage children to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
-) We dispose of nappies and pull ups hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull ups is bagged and

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put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for parents to take home.

-) We disinfect the changing mat with anti-bacterial spray.
-) We record in the nappy changing book the time they were changed and if it was wet or soiled.
-) We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.

This policy was adopted by: Kate Sillett

Date: 29th January 2021

Date to be reviewed: 29th January 2022

Signed on behalf of the Provider: *K. Sillett*

Name of Signatory: Kate Sillett

Role of Signatory: Director

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